

MRS. WILSON'S NEWSLETTER

Treatment Center for Women

The Gift of Treatment:

- ❖ 72% Halfway House occupancy rate January-September 2021
- ❖ 7 Halfway House graduations January-September 2021
- ❖ 18 Halfway House admissions January-September 2021
- ❖ 12 IOP/OP admissions January-September 2021
- ❖ 8 IOP/OP graduations January-September 2021

Donor Spotlight:

Thank you to our caring community for your continued support! A special thanks to:

- ❖ The Willits Foundation
- ❖ The Corvino Foundation
- ❖ The First Presbyterian Church of New Vernon
- ❖ Liquid Church
- ❖ The Garden Club of Morristown
- ❖ The Summit Interfaith Pantry
- ❖ The Basking Ridge Indian Community
- ❖ The Market Street Mission
- ❖ The Fraternal Order of Eagles

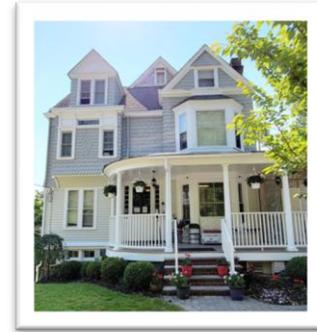
Facilities Update:

- ❖ Painting of exterior of Halfway House
- ❖ Halfway House gutter and roof work
- ❖ Renovation of Tomlinson House bathroom

Before



After



A Message from our Director:

It is a great start to autumn, hearing the residents talking amongst themselves and laughing! This time last year, in the throes of Covid-19, everyone was caught in isolation, but we can now see progress! The best outcome is our residents made it through, transforming with even greater resilience, while new residents are entering Mrs. Wilson's to start a program of hope, confidence, and regained sense of self-worth.

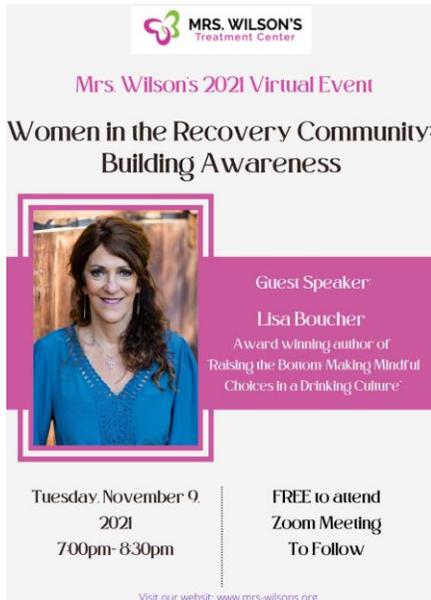
Slowly, we are opening up to allow onsite family sessions, in-person group sessions, and receiving more referrals for admissions. Mrs. Wilson's is moving forward while continuing to follow PPE precautions for the safety and wellbeing of our staff and clients.

Change and growth is happening all around us, as we have a new website and have returned to our butterfly logo, reflecting the beautiful re-birth and transformation the women we serve experience while working through their recovery. Mrs. Wilson's is proud to provide a safe environment where women can receive all of the necessary help and skills for their transformation, which is why we have changed our name to Mrs. Wilson's Treatment Center for Women. Mrs. Wilson's also had the opportunity to paint the exterior of the halfway house, resulting in a beautiful transformation!

We look forward to continuing the transformation while sharing the experience with you, our loyal and dear friends!

Sincerely,
Michelle Reyes
 Executive Director

Upcoming Events



MRS. WILSON'S
Treatment Center

Mrs. Wilson's 2021 Virtual Event

**Women in the Recovery Community:
Building Awareness**



Guest Speaker:
Lisa Boucher
Award winning author of
*Raising the Bottom Making Mindful
Choices in a Drinking Culture*

Tuesday, November 9,
2021
7:00pm- 8:30pm

FREE to attend
Zoom Meeting
To Follow

Visit our website: www.mrs-wilsons.org



Take the Fright out of Halloween For your Mental health

Halloween is coming up and Mrs. Wilson's would like to share some advice for a safe Halloween for anyone suffering from anxiety, PTSD, or related conditions.

1. If opening the door for trick-or-treaters raises your anxiety too much, you could leave a candy bowl outside.
2. If you have triggers, identify those triggers.
3. If you do not want to go out, you could host a dinner party or virtual event.
4. Instead of watching horror movies, you could watch Halloween movies that are not necessarily scary.
5. Avoid too much stimulation: lights, sounds, smells, sights.

Note from the Women of Mrs. Wilson's

"I will be forever grateful for Mrs. Wilson's and staff!! I needed the structure and deep soul searching that the program offered through groups and one on one counseling. Like many addicts the fear of starting over and cleaning up the wreckage was so hindering. Mrs. Wilson's helped me become: Creditable. Accountable. Reliable. Dependable! I am blessed beyond means and thank God for placing me there and giving me the strength and humility to work along the journey!!!! Thank you!!!!!" ~ L.F.

"Thank you for ALL that you have done for me. Mrs. Wilson's changed my life in a positive way that NO other program has. I am truly grateful. In sobriety I have gotten married and also graduated college. None of this would have been possible without J.L. and ALL the Mrs. Wilson's staff!" ~L.S.

"Like many others, I have been to my fair share of treatment facilities. However, Mrs. Wilson's House provides exceptional care for those who are willing to change their lives. They cater to each individual's needs and provide invaluable tools to rebuild your life! I love the life I live now and I couldn't have done it without Mrs. Wilson's House." ~S.W.

Check Out Our New Website!

Mrs. Wilson's Treatment Center is proud to announce a new, updated website with our new logo. This new site will allow us to better communicate and interact with the public and potential new clients. Like our clients recovering from substance use and mental health disorders, our website has evolved.

We are excited to add a few new features, such as the chat box. Although there is an online form for admissions, the chat box will allow you to quickly shoot a question to our Executive Director. We are also proud to have included a link to our brand-new Instagram page.

-Samantha Picaro, MSW
Development Coordinator