

MRS. WILSON'S NEWSLETTER

Treatment Services for Women

The Gift of Treatment:

- ❖ 90% Halfway House occupancy rate January-August 2019
- ❖ 22 Halfway House admissions January-October 2019
- ❖ 14 Halfway House graduations January-October 2019
- ❖ 26 IOP/OP admissions January- October 2019

Donor Spotlight:

Thank you to our caring community for your continued support! A special thanks to:

- ❖ The F.M. Kirby Foundation
- ❖ The Community Foundation of New Jersey
- ❖ The Willits Foundation
- ❖ Century 21 Department Store of Morristown

Facilities Update:

- ❖ Renovation of front porch
- ❖ Renovation of kitchen flooring
- ❖ Replacement of air conditioning unit
- ❖ \$12,000 raised for *Window Campaign*



A Message from our Director:

Gratitude and continued growth are an ongoing theme at Mrs. Wilson's. How can one not be grateful for the opportunity to be a part of lives regaining breath through finding independence, self-confidence, and love. Love for themselves, love for life, love for recovery.

So much of the hope offered at Mrs. Wilson's for a healthy, fulfilling life, is in large part due to our community. The individuals and foundations that take interest in offering the gift of recovery have helped us serve 62 women and their families thus far in 2019. 2019 has been a year of growth from the inside out; growth in the completion rate for women from within the halfway house to growth in the number of women we have served from the community. The growth from the inside out includes renovations from within the house, such as bathrooms, offices, living spaces, to the renovation of the front porch of the house.

Thank you for growing with us and being a part of our mission.

Sincerely,

Michelle Reyes

Executive Director

Save the Date:



Spring Fundraiser Event
The Park Avenue Club
Florham Park, NJ
June 16' 2020
6pm-8:30pm



Poinsettia Sale
Mrs. Wilson's House
December 7th
9am-1pm
Order online:
www.mrs-wilsons.org



A Note from the Women of Mrs. Wilson's:

I struggled with my addiction from the time I was 18 to 29 years old. By the time I was 29 I had 3 felonies and been in and out of numerous treatment facilities. Three days before my 29th birthday I lost my boyfriend of 7 years to this disease. I found him dead of an overdose. You would think that would have made me want to get clean, but it didn't. I fell into a deep depression and wanted to die. I just kept getting high and waking up the next morning sick and angry that I was still alive. Two months after his death I ended up in jail again and sentenced to drug court. By the grace of God, they sent me to Mrs. Wilson's house. Mrs. Wilson's house was the first program I felt cared about me and they encouraged me to really work on myself.

During my time at Mrs. Wilson's my perspective really changed and I really began to get honest and open up about everything I was struggling with. They encouraged me to get a sponsor and do the 12 steps. I really put the work in, and I started to see the positive changes in myself that I could never see before. I learned how to be accountable here and find a healthy balance with life, work, and my recovery. I learned to set healthy boundaries with my family and work, which I could never do before. My counselor really helped me with the loss of my boyfriend and helped me cope with grief and loss. Most importantly I learned to love myself and have fun again.

I am coming up on 3 years clean and I still use the basic tools that they have taught me. Today I have a strong network of women and an amazing sponsor. I went through the 12 steps and still work close with my sponsor. I graduated drug court! I have an amazing job at a treatment facility where I help others in early recovery. Most importantly I stay connected! Today I love my life and I am proud of the woman I am becoming. I owe a lot of that to Mrs. Wilson's House. They helped me become the strong independent woman I was meant to be! I am forever grateful for the staff and all the women I was with in the house.

-Kaitlin M.

"A lot of people ask why we chose Mrs. Wilson's for our daughter. It's simple. We sought a place where she would be safe to learn and grow while continuing her recovery. Mrs. Wilson's provides all the components for success."

To learn more about Mrs. Wilson's or if you or someone you know is interested in our services, please contact:

(973)540-0116
info@mrswilsons.org